



Illness & Wellness at Noah's Ark Children's Academy

At Noah's Ark, the health and safety of our children, families, and staff is our highest priority. We work together to create a clean and healthy learning environment; one where every child can thrive, play, and grow without unnecessary exposure to illness.

Preventing the Spread of Illness

To help keep our classrooms healthy we ask you to:

- Encourage frequent handwashing at home and at drop-off.
- Remind your child to cover coughs and sneezes with their elbow or a tissue.
- Keep your child home when they are not feeling well or showing any symptoms of illness.
- Wash toys, cups, and comfort items regularly to reduce germs.
- Make sure your child is up to date on annual checkups.

A little prevention goes a long way in keeping everyone healthy!

When to Keep Your Child Home

To protect all children and staff, we ask that you keep your child home if they have:

- A fever of 100.4°F or higher,
- Vomiting or diarrhea,
- A persistent cough or thick nasal discharge,
- Draining eyes, ears, or sores,
- Unidentified rash or any signs of chicken pox, impetigo, or thrush,
- Lice (must be nit-free before returning),
- Strep throat (may return after 24 hours on antibiotics).

Children may return once they have been fever- and symptom-free for at least 24 hours (without medication) or with a doctor's note confirming they are not contagious.

Our Commitment to Care

If a child becomes ill while in our care, we will contact a parent or authorized pickup person immediately. While waiting, your child will rest comfortably in a quiet area away from other children until you arrive.

Together, we can maintain a safe, caring environment where every child has the opportunity to learn and play in good health.

- **Noah's Ark Children's Academy Team**