



Supporting Successful Potty-Training: A Partnership Between Home and School

Potty-training is a major milestone in a young child's development, one that takes patience, consistency, and encouragement. At Noah's Ark Children's Academy, we believe potty-training works best when families and educators work together to support each child's unique pace and needs.

When Is a Child Ready to Potty-Train?

Every child develops on their own timeline. While many children show readiness between 18–30 months, some may be ready earlier or later. Readiness signs include:

- Staying dry for longer periods,
- Showing interest in the toilet,
- Telling you when they are wet or soiled,
- Being able to follow simple directions,
- Wanting to be more independent.

Remember: readiness is more important than age.

Our Approach to Potty-Training at NACA

We follow a positive, child-centered approach that focuses on encouragement, routine, and communication. Here's how we support your child:

1. Consistent Potty Times

We incorporate regular potty breaks into our daily routine, before and after meals, outdoor play, and naps to help establish predictability.

2. Encouragement Without Pressure

Children are praised for trying, not just for success. We never shame or scold for accidents. Instead, we promote a growth mindset and independence.

3. Communication with Families

We keep you informed about your child's potty-training progress. Whether it's a good day or a challenging one, we believe transparency helps us all stay on the same page.

4. Child-Friendly Environment

Our classrooms have accessible toilets, encouraging children to feel comfortable and confident using the restroom on their own.

5. Hygiene and Self-Care

We teach handwashing, wiping, and dressing skills as part of the potty-training process, promoting independence and health.

How Families Can Support Potty Training at Home

Potty training works best when it's consistent between home and school. Here are a few ways families can help:

- Choose the right time (when life is relatively calm)
- Dress your child in easy-to-remove clothing
- Offer frequent potty opportunities (especially after meals and naps)
- Use positive reinforcement like praise or potty charts
- Stay calm about accidents, they're part of the process
- Celebrate small wins to keep your child motivated!

Tip: Use encouraging phrases like "You're learning!" instead of pressure like "You should be done by now."

Teamwork Makes the Process Smoother

We understand that potty training can feel overwhelming at times, but we're here to support you every step of the way. Our teachers observe signs of readiness, maintain open communication, and adjust our approach to fit your child's needs.

If you're getting ready to start potty training at home or want to know how it's going at school, don't hesitate to talk with your child's teacher or our administration team. Together, we can create a plan that works for your child and celebrate every step of progress along the way.

Let's Make Potty Training Positive and Successful Together!

At Noah's Ark Children's Academy, we treat every milestone, big or small, with care, patience, and celebration. Potty training is no different. With the right support, your child can build confidence, independence, and success.